

# HIKE TALLMAN MOUNTAIN HUDSON RIVER OVERLOOK TRAIL

*Discover one of Bergen County's gems with sweeping views of the Hudson River and the New York skyline. This scenic route in Tallman Mountain State Park combines peaceful wooded paths, salt marsh views, and dramatic overlooks, making it a perfect outing for hikers of all levels.*

**Distance:** ~3.5 miles (loop)

**Hiking Time:** 2 hours

**Difficulty:** Easy to Moderate

**Ascent:** ~250 ft

**Expect:** Well-maintained trails with some gentle inclines, boardwalks over marshland, and stunning viewpoints over the Hudson. Ideal for a relaxed yet invigorating walk.

**Bonus:** Enjoy post-hike relaxation at the park's picnic areas or visit nearby Piermont's charming shops and cafés.

**Fun Fact:** Tallman Mountain was developed in the 1920s as part of a scenic parkway project—remnants of the old park structures are still visible along the way.

**Map:** <https://parks.ny.gov/parks/tallmanmountain/maps.aspx>

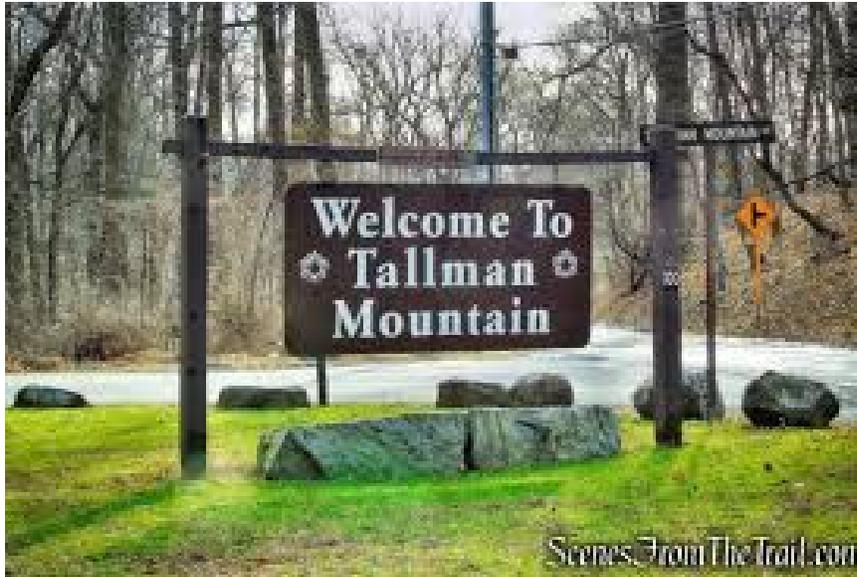
**Meeting Point:** Tallman Mountain State Park Parking Lot (small parking lot near The Filling Station on 9W. Don't go to the main parking lot in the park)

**Google Map:** <https://maps.app.goo.gl/PSkhnP8tmbYLMsKY6>

**Date:** May 3 (Sunday)

**Time:** 9:00am

**RSVP:** Hagit Tal



## Trail Overview

Our hike begins along shaded forest paths before opening to expansive views of the Hudson River and Piermont Marsh. We'll make our way to the Hudson River Overlook, where you can take in panoramic scenes of the Palisades cliffs and the distant Manhattan skyline. The route loops through quiet woodlands, passing through diverse habitats—from salt marshes alive with bird activity to hardwood forests offering cool, leafy cover. This hike is perfect for those seeking both relaxation and inspiration in nature. With its mix of gentle grades and scenic payoffs, the Tallman Mountain Hudson River Overlook Trail offers a refreshing outdoor escape close to home.

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## What to Bring

- Comfortable, sturdy walking shoes or light hiking boots
- Water bottle
- Snacks or light lunch
- Small backpack for essentials (camera, phone, etc.)
- Sun hat or cap
- Sunglasses

- Sunscreen
  - Bug spray
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## **The Group**

Groups are typically up to 16 hikers. Anyone over 18 can join, and teens aged 14+ are welcome with a parent or guardian.