

Have Questions?

Contact the Programming Staff:
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Thank you to our Sponsors!



 **KAPLEN JCC on the Palisades** **2026**

March



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Purim</p> <p>10:00 Light Breakfast and Chat 10:30 Bingo Sponsored by Applause 11:15 Concert by Tom Spinella 12:15 Turkey Burger 1:00 Crafts with Peg (ARC) 1:00 Men's Group (Clubhouse) 2:15 Move it Mondays</p> 	<p>3</p> <p>10:00 Light Breakfast and Chat 10:30 Morning Stretch 11:15 Concert by John Lepre 12:15 Vegetable Eggplant Parmigiana 1:00 Word Games (ARC) 1:00 Crafternoon (Clubhouse) 2:15 Party with Ardie (ARC) (Clubhouse)</p> 	<p>4</p> <p>10:00 Light Breakfast and Chat 10:30 Tabletop Games 11:15 Concert by Lou Sabini 12:15 Swedish Meatballs 1:00 Trivia (ARC) 2:15 Fun Crafts Sponsored by Synergy</p>	<p>5</p> <p>10:00 Light Breakfast and Chat 10:30 Chair Aerobics (ARC) 11:15 Concert by Paul Simone 12:15 Baked Breaded Fish 1:00 Crafts with Peg (ARC) 2:15 Jammin with Julianne</p> 	<p>6</p> <p>10:00 Light Breakfast and Chat 10:30 Travel Club (ARC) 11:15 Concert by Jay Daniels 12:15 Sweet & Sour Chicken 1:00 Travel Guided Art (ARC) 2:15 Karaoke</p>
<p>9</p> <p>10:00 Light Breakfast and Chat 10:30 Bingo 11:15 Concert by Hal 12:15 Chinese Style Pepper Steak 1:00 Crafts with Peg (ARC) 1:00 Men's Group (Clubhouse) 2:15 Move it Mondays</p>	<p>10</p> <p>10:00 Light Breakfast and Chat 10:30 Morning Stretch 11:15 Concert by Cecilia 12:15 Terriyaki Fish 1:00 Crafternoon (Clubhouse) 2:15 Party with Ardie (ARC) (Clubhouse)</p>	<p>11</p> <p>10:00 Light Breakfast and Chat 10:30 Tabletop Games 11:15 Concert by Aaron* 12:15 Pot Roast 1:00 Reminiscence Therapy (ARC) 2:15 Crafts Sponsored by ComforCare</p>	<p>12</p> <p>10:00 Light Breakfast and Chat 10:30 Chair Aerobics (ARC) 11:15 Concert by Flip Peters 12:15 Baked Ziti 1:00 Crafts with Peg (ARC) 2:15 Jammin with Julianne</p> 	<p>13</p> <p>10:00 Light Breakfast and Chat 10:30 Travel Club (ARC) 11:15 Concert by Rhonda 12:15 Chicken with Mushrooms 1:00 Travel Guided Art (ARC) 2:15 Fun Crafts Sponsored by Care One</p>

* Designates concerts located in the auditorium

Monday	Tuesday	Wednesday	Thursday	Friday
<p>16</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Bingo (ARC)</p> <p>10:30 Documentary (Clubhouse)</p> <p>11:15 Concert by Efrate</p> <p>12:15 Chicken Cacciatore</p> <p>1:00 Crafts with Peg (ARC)</p> <p>1:00 Men's Group (Clubhouse)</p> <p>2:15 Move It Mondays</p>	<p>17 St. Patrick's Day</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Morning Stretch</p> <p>11:15 Concert by Frankie M</p> <p>12:15 Cheese Pizza</p> <p>1:00 St. Patty's Day Trivia (ARC)</p> <p>1:00 Baking Club (Clubhouse)</p> <p>2:15 Party with Ardie (ARC) (Clubhouse)</p> 	<p>18</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Tabletop Games</p> <p>11:15 Concert by Paul Simeone*</p> <p>12:15 Sloppy Joes on a Bun</p> <p>1:00 Cranium Crunch (ARC)</p> <p>2:15 Target Toss</p>	<p>19</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Chair Aerobics (ARC)</p> <p>11:15 Concert by Goerge Tuzzeo</p> <p>12:15 Fish Francese</p> <p>1:00 Crafts with Peg (ARC)</p> <p>2:15 Jammin with Julianne</p> 	<p>20 First Day of Spring</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Travel Club (ARC)</p> <p>11:15 Intergenerational Shabbat*</p> <p>11:30 Concert by Johnny M</p> <p>12:15 BBQ Chicken</p> <p>1:00 Travel Guided Art (ARC)</p> <p>2:15 Hockey</p> 
<p>23</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Bingo (ARC)</p> <p>11:15 Concert by Peter Lieberman</p> <p>12:15 Shepards Pie</p> <p>1:00 Crafts with Peg (ARC)</p> <p>1:00 Men's Group (Clubhouse)</p> <p>2:15 Move it Mondays</p> 	<p>24</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Morning Stretch</p> <p>11:15 Concert by Reggie</p> <p>12:15 Poached Salmon</p> <p>1:00 Poetry Club (ARC)</p> <p>1:00 Poetry Club</p> <p>2:15 Party with Ardie (ARC) (Clubhouse)</p>	<p>25</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Tabletop Games</p> <p>11:15 Passover Seder</p> <p>1:00 Passover Trivia (ARC)</p> <p>2:15 Crafts Sponsored by Eastbridge</p> 	<p>26</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Chair Aerobics (ARC)</p> <p>11:15 Concert by Andy Hladek</p> <p>12:15 Eggplant Rollatini</p> <p>1:00 Crafts with Peg (ARC)</p> <p>2:15 Jammin with Julianne</p> 	<p>27</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Travel Club (ARC)</p> <p>11:15 Concert by Janice</p> <p>12:15 Honey Mustard Chicken</p> <p>1:00 Travel Guided Art (ARC)</p> <p>1:00 Baking Club</p> <p>2:15 Karaoke</p>
<p>30</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Bingo (ARC)</p> <p>11:15 Concert by Michael Andrews</p> <p>12:15 Chicken Marsala</p> <p>1:00 Crafts with Peg (ARC)</p> <p>1:00 Men's Group (Clubhouse)</p> <p>2:15 Move it Mondays</p>	<p>31</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Morning Stretch</p> <p>11:15 Concert by David Scance</p> <p>12:15 Breaded Fish</p> <p>1:00 Crayon Art (ARC)</p> <p>1:00 Baking Club (Clubhouse)</p> <p>2:15 Party with Ardie (ARC) (Clubhouse)</p> 		<p>Manicures</p> <p>Once a week our participants may receive a free manicure.</p> <p>Manicurist days are subject to change.</p> <p>Inquire for more details</p> 	 <p>Anita 3/3</p> <p>Helga 3/10</p> <p>Harriet K 3/13</p> <p>Martin 3/24</p> <p>Karen R. 3/30</p>

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