

Have Questions?

Contact the Programming Staff:

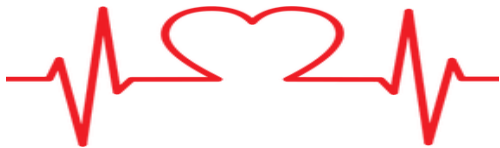
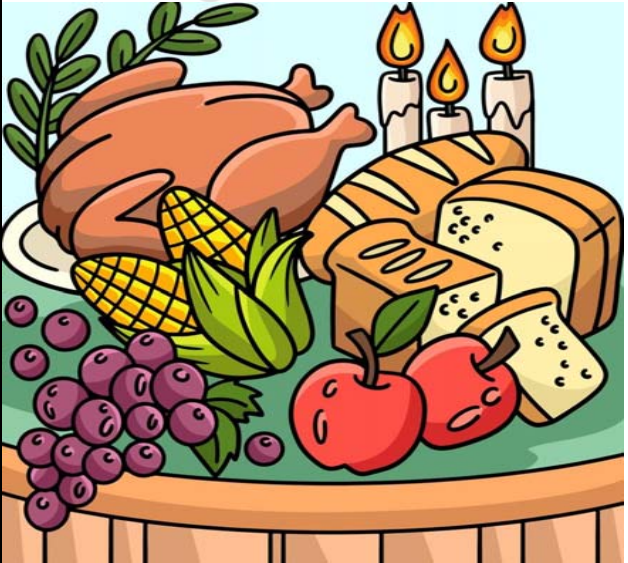
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| Monday                                                                                                                                                                                                                                                                                                                             | Tuesday                                                                                                                                                                                                                                                                                                                                       | Wednesday                                                                                                                                                                                                                                                                                                                     | Thursday                                                                                                                                                                                                         | Friday                                                                                                                                                                                                                                                                                                                                        |
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| <b>3</b><br>10:00 Light Breakfast and Chat<br>10:30 <b>Bingo Sponsored by Applause</b><br>11:15 Concert by Cecilia<br>12:15 Chicken Francaise<br>1:00 Make it Mondays with Peg<br>2:00 Relax and Refresh<br>2:15 Move It Mondays<br>             | <b>4</b><br>10:00 Light Breakfast and Chat<br>10:30 Morning Stretch<br>11:15 Concert by Janice<br>12:15 Cheese Pizza<br>1:00 Crafternoon or Qigong<br>2:00 Relax and Refresh<br>2:15 Party with Ardie                                                                                                                                         | <b>5</b> <b>Yiddish Concert</b><br>10:00 Light Breakfast and Chat<br>10:30 Gardening Club<br>11:15 Yiddish Concert<br>12:15 Sponsored Lunch*<br>1:00 Trivia<br>2:00 Relax and Refresh<br>2:15 <b>Fun Crafts Sponsored by Synergy</b><br> | <b>6</b><br>10:00 Light Breakfast and Chat<br>10:30 Stretch with Linda<br>11:15 Concert by Frankie M<br>12:15 Meaty Vegetarian Moussake<br>1:00 Baking Club<br>2:00 Relax and Refresh<br>2:15 Fun with Jullianne | <b>7</b> <b>Program Closed</b><br>                                                                                                                                                                                                                        |
| <b>10</b> <b>Marine Corps Birthday</b><br>10:00 Light Breakfast and Chat<br>10:30 <b>Bingo</b><br>11:15 Concert by Peter Lieberman<br>12:15 Shepards Pie<br>1:00 Make It Mondays with Peg<br>2:00 Relax and Refresh<br>2:15 Move It Mondays<br> | <b>11</b> <b>Veteran's Day</b><br>10:00 Light Breakfast and Chat<br>10:30 Morning Stretch<br>11:15 Concert by David Scance<br>12:15 Blintzes w Greek Vanilla Yogurt<br>1:00 Crafternoon or Qigong<br>2:00 Relax and Refresh<br>2:15 Party with Ardie<br> | <b>12</b><br>10:00 Light Breakfast and Chat<br>10:30 Gardening Club<br>11:15 Concert by Michael Andrew<br>12:15 Italian Meatballs<br>1:00 Word Game<br>2:00 Relax and Refresh<br>2:15 <b>Crafts Sponsored by ComforCare</b><br>          | <b>13</b><br>10:00 Light Breakfast and Chat<br>10:30 Tabletop Games<br>11:15 Concert by Selah<br>12:15 Baked Breaded Fish<br>1:00 Afternoon Crafts<br>2:00 Relax and Refresh<br>2:15 Fun with Jullianne          | <b>14</b> <b>Avocado Day</b><br>10:00 Light Breakfast and Chat<br>10:30 Shabbot with Rabbi Rosenfeld<br>11:15 Concert by Joe Conti<br>12:15 BBQ Chicken<br>1:00 Guided Art<br>2:00 Relax and Refresh<br>2:15 <b>Fun Crafts Sponsored by Care One</b><br> |



| Monday                                                                                                                                                                                                                                                            | Tuesday                                                                                                                                                                                                                                                                                                                                                        | Wednesday                                                                                                                                                                                                                                                                                        | Thursday                                                                                                                                                                                                                                                                                                                                             | Friday                                                                                                                                                                                                                                                |
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| <p>17 Butter, Bread, Baklava</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 <b>Baking Club</b></p> <p>11:15 Concert by Efrate</p> <p>12:15 Chicken Marsala</p> <p>1:00 Make It Mondays with Peg</p> <p>2:00 Relax and Refresh</p> <p>2:15 Move It Mondays</p> | <p>18 <b>Mickey Mouse Birthday</b></p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Morning Stretch</p> <p>11:15 Concert by Reggie</p> <p>12:15 Vegetable Cheese Lasagna</p> <p>1:00 Crafternoon or Qigong</p> <p>2:00 Relax and Refresh</p> <p>2:15 Party with Ardie</p>  | <p>19</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Gardening Club</p> <p>11:15 Concert by Aaron</p> <p>12:15 Pot Roast</p> <p>1:00 Science Club</p> <p>2:00 Relax and Refresh</p> <p>2:15 Soft Art</p>  | <p>20</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Stretch with Linda</p> <p>11:15 Concert by George Tuzzeo</p> <p>12:15 Eggplant Rollatini</p> <p>1:00 Chicken Soup for the Soul Stories</p> <p>2:00 Relax and Refresh</p> <p>2:15 Fun with Jullianne</p>  | <p>21</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Baking</p> <p>11:15 Concert by Johnny M</p> <p>12:15 Honey Mustard Chicken</p> <p>1:00 Guided Art</p> <p>2:00 Relax and Refresh</p> <p>2:15 Plinko</p>                                       |
| <p>24</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Thanksgiving <b>Bingo</b></p> <p>11:15 Concert by Neil Dankman</p> <p>12:15 Chicken Cacciatore</p> <p>1:00 Make it Mondays with Peg</p> <p>2:00 Relax and Refresh</p> <p>2:15 Move It Mondays</p>        | <p>25 <b>Thanksgiving Feast</b></p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Morning Stretch</p> <p>11:15 Concert by James Michael</p> <p>12:15 Thanksgiving Feast</p> <p>1:00 Crafternoon or Qigong</p> <p>2:00 Relax and Refresh</p> <p>2:15 Party with Ardie</p>                                                                                      | <p>26 Bowling Club</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Gardening Club</p> <p>11:15 Concert by Peter Scance</p> <p>12:15 Swedish Meatballs</p> <p>1:00 Bowling Club</p> <p>2:00 Relax and Refresh</p> <p>2:15 Crafts Sponsored by Eastbridge</p>                                   | <p>27 <b>Program Closed</b></p>                                                                                                                                                                                                                                  | <p>28 <b>Program Closed</b></p>                                                                                                                                   |
| <p>Join us for our</p> <p><b>Annual Yiddish Concert</b></p> <p>Wednesday November 5th</p>                                                                                      |                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                             |  <p>Elsie 11/1</p> <p>Elba 11/5</p> <p>Eran 11/15</p> <p>Joan E 11/19</p>                                                                                                                                                                                       | <p><b>Manicures</b></p> <p>Once a week our participants may receive a free manicure. Manicurist days are subject to change.</p> <p>Inquire for more details</p>  |

\* Designates concerts located in the auditorium