

Have Questions?

Contact the Programming Staff:

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1:00 Guided Art

2:00 Relax and Refresh

2:15 Crafts Sponsored by Care One

Monday	Tuesday	Wednesday	Thursday	Friday
BIRTHDAYS THIS MONTH Gary 10/6 Meryl 10/9 Florette 10/18 Helena 10/24 Emma 10/30	Manicures Once a week our participants may receive a free manicure. Manicurist days are subject to change. Inquire for more details.	Program Closed WISH YOU YOU YOU YOU YOU YOU YOU YOU	Program Closed Kippour Services A BLESSED Cipopour Services Cipopour Services Cipopour Services Cipopour Services Services Cipopour Services Services	10:00 Light Breakfast and Chat 10:30 Travel Club 11:15 Concert by Jay Daniels 12:15 BBQ Chicken 1:00 Guided Art 2:00 Relax and Refresh 2:15 Karate
0:00 Light Breakfast and Chat 0:30 Bingo Sponsored by Applause	Program Closed	Program Closed	10:00 Light Breakfast and Chat 10:30 Stretch with Linda	10 10:00 Light Breakfast and Chat 10:30 Travel Club
1:15 Concert by Cecilia 2:15 Chicken Marsala			11:15 Concert by Frankie M 12:15 Vegetable Eggplant Parmigiana	11:15 Concert by Johnny M 12:15 Honey Mustard Chicken

1:00 Bingo

2:00 Relax and Refresh

2:15 Fun with Julianne

1:00 Afternoon Crafts

2:00 Relax and Refresh

2:15 Sukkot Activities

^{*} Designates concerts located in the auditorium

Tuesday	Wednesday	Thursday	Friday
ram Closed	Program Closed	16 National Sports Day 10:00 Light Breakfast and Chat 10:30 Tabletop Games	17 National Pasta Day 10:00 Light Breakfast and Chat 10:30 Travel Club
Shemini Atzenet		11:15 Concert by Selah 12:15 Baked Breaded Fish 1:00 Sports Trivia 2:00 Relax and Refresh 2:15 Fun with Julianne	11:15 Concert by Joe Conti 12:15 Hawaiian Chicken 1:00 Guided Art 2:00 Relax and Refresh 2:15 Karate
	22	23	24 National Food Day
eakfast and Chat	10:00 Light Breakfast and Chat	10:00 Light Breakfast and Chat	10:00 Light Breakfast and Chat
Games	10:30 Gardening Club	10:30 Stretch with Linda	10:30 Travel Club
by Neil Dankman	11:15 Concert by Moshe	11:15 Concert by George Tuzzeo	11:15 Concert by Lou Sabibi
w Greek Vanilla Yogurt	12:15 Shepard Pie	12:15 Poached Salmon	12:15 Chicken with Mushrooms
oon or Qiong	1:00 Science Club	1:00 Bingo	1:00 Guided Art
d Refresh	2:00 Relax and Refresh	2:00 Relax and Refresh	2:00 Relax and Refresh
h Ardie	2:15 Soft Art	2:15 Fun with Julianne	2:15 Agility and Exercise
	No. of the second secon	BINGO	
	29	30	31
eakfast and Chat	10:00 Light Breakfast and Chat	10:00 Light Breakfast and Chat	10:00 Light Breakfast and Chat
Games	10:30 Gardening Club	10:30 Tabletop Games	10:30 Travel Club
by John Lepre	11:15 Concert by Reggie	11:15 Concert by Aaron	11:15 Concert by Michael Andrew
Salad	12:15 Swedish Meatballs	12:15 Baked Ziti with Cheese	12:15 Sweet & Sour Chicken
oon or Qiong		1:00 Bowling Club	1:00 Guided Art
d Refresh	#*************************************	2:00 Relax and Refresh	2:00 Relax and Refresh
h Ardie I		2:15 Fun with Jullianne	2:15 Plinko
d	Refresh Ardie	Refresh 2:00 Stretch It Out 2:00 Relax and Refresh	Refresh Ardie 1:00 Stretch It Out 2:00 Relax and Refresh 2:15 Fun with Jullianne

^{*} Designates concerts located in the auditorium