

FALL 2025

RED CROSS SWIM



Our beautiful aquatic center includes a six-lane, 25-meter indoor pool; heated indoor kid-sized training pool; a five-lane, 25-meter outdoor pool with a diving board; and an outdoor intermediate and baby pool, as well as a water park. Lifeguards are on duty at all times. Swim caps required. Children 10 years old and younger must be supervised by an adult. Children 6 years old and younger must be accompanied by an adult in the pool and within arm's reach.

AQUATICS FALL 2025

Session I:

XXX

Session II:

XXX

Session III:

XXX

WATER BABIES & PARENT/TODDLER SWIM

Ages 6-36 Months

Splash. Kick. Bubble. Laugh. Your little one will love this intro to swim class—and so will you! The first step to learning how to swim is enjoying being in the water and this class will teach you how to work with your child to have a fun and safe water experience.

Non-toilet-trained children must wear swim diapers (can be purchased at the Courtesy Desk) and a bathing suit.

1:8 ratio Instructor/Student Ratio

PRESCHOOL SWIM LEVEL 1

Ages 3-5

Introduction to Water Skills. Develop elementary aquatic skills.

1:4 Instructor/Student Ratio

PRESCHOOL SWIM LEVEL 2

Ages 4-7

Fundamental Aquatics Skills. Develops primary skills such as front crawl and back crawl. For children who have elementary skills.

1:4 Instructor/Student Ratio

SWIM LEVEL 3

Ages 5-11

Stroke Development. Elementary backstroke and fundamentals of treading water are introduced.

Child must be able to swim 15m on front and back.

1:4 Instructor/Student Ratio

SWIM LEVEL 4

Ages 5-12

Stroke Improvement. Breaststroke and side stroke are introduced. The child must be able to swim 25m front crawl and backstroke.

1:4 instructor/student ratio

SWIM CLUB: LEVEL 5 & 6

Ages 6-13

Skill Proficiency. Strokes learned in previous levels are polished; and endurance is stressed. Includes fun water activities.

1:6 instructor/student ratio

For information, please call 201.408.1473 or email aquatics@jccotp.org

KAPLEN JCC on the Palisades TAUB CAMPUS | 411 E CLINTON AVE, TENAFLY, NJ 07670 | 201.569.7900 | jccotp.org

FALL 2025 SWIM SCHEDULE

WATER BABIES & PARENT/TODDLER SWIM

6-36 months

(No class 11/30, 12/28)

16 Sun	9/14-1/11	9:30-10 AM	\$512
16 Sun	9/14-1/11	10-10:30 AM	\$512

SWIM LESSONS: RED CROSS PRESCHOOL SWIM LEVEL 1

Ages 3-5

16 Sun	9/14-1/11	10-10:30 AM	\$512
(No class 11/30, 12/28)			
16 Sun	9/14-1/11	10:30-11 AM	\$512
(No class 11/30, 12/28)			
16 Sun	9/14-1/11	11-11:30 AM	\$512
(No class 11/30, 12/28)			
14 Mon	9/15-1/12	3:30-4 PM	\$448
(No class 9/22, 10/6, 10/13, 12/29)			
14 Mon	9/15-1/12	4-4:30 PM	\$448
(No class 9/22, 10/6, 10/13, 12/29)			
14 Mon	9/15-1/12	4:30-5 PM	\$448
(No class 9/22, 10/6, 10/13, 12/29)			
14 Tues	9/16-1/13	4-4:30 PM	\$448
(No class 9/23, 10/7, 10/14, 12/30)			
11 Wed	9/17-1/14	2:15-2:45 PM	\$352
(No class 9/24, 10/1, 10/8, 10/15, 11/26, 12/24, 12/31)			
11 Wed	9/17-1/14	3:30-4 PM	\$352
(No class 9/24, 10/1, 10/8, 10/15, 11/26, 12/24, 12/31)			
11 Wed	9/17-1/14	4-4:30 PM	\$352
(No class 9/24, 10/1, 10/8, 10/15, 11/26, 12/24, 12/31)			

SWIM LESSONS: RED CROSS PRESCHOOL SWIM LEVEL 2

Ages 4-7

16 Sun	9/14-1/11	10:30-11 AM	\$512
(No class 11/30, 12/28)			
16 Sun	9/14-1/11	11-11:30 AM	\$512
(No class 11/30, 12/28)			
14 Mon	9/15-1/12	3:30-4 PM	\$448
(No class 9/22, 10/6, 10/13, 12/29)			
14 Mon	9/15-1/12	4-4:30 PM	\$448
(No class 9/22, 10/6, 10/13, 12/29)			
14 Mon	9/15-1/12	4:30-5 PM	\$448
(No class 9/22, 10/6, 10/13, 12/29)			
14 Tues	9/16-1/13	4:30-5 PM	\$448
(No class 9/23, 10/7, 10/14, 12/30)			
11 Wed	9/17-1/14	3:30-4 PM	\$352
(No class 9/24, 10/1, 10/8, 10/15, 11/26, 12/24, 12/31)			
11 Wed	9/17-1/14	4-4:30 PM	\$352
(No class 9/24, 10/1, 10/8, 10/15, 11/26, 12/24, 12/31)			
11 Wed	9/17-1/14	4:30-5 PM	\$352
(No class 9/24, 10/1, 10/8, 10/15, 11/26, 12/24, 12/31)			

SWIM LESSONS: RED CROSS LEVEL 3

Ages 5-12

16 Sun	9/14-1/11	10-10:30 AM	\$512
(No class 11/30, 12/28)			
16 Sun	9/14-1/11	10:30-11 AM	\$512
(No class 11/30, 12/28)			
16 Sun	9/14-1/11	11-11:30 AM	\$512
(No class 11/30, 12/28)			
16 Sun	9/14-1/11	11:30-12 PM	\$512
(No class 11/30, 12/28)			
14 Mon	9/15-1/12	4-4:30 PM	\$448
(No class 9/22, 10/6, 10/13, 12/29)			
14 Mon	9/15-1/12	4:30-5 PM	\$448
(No class 9/22, 10/6, 10/13, 12/29)			
11 Wed	9/17-1/14	4-4:30 PM	\$352
(No class 9/24, 10/1, 10/8, 10/15, 11/26, 12/24, 12/31)			
11 Wed	9/17-1/14	4:30-5 PM	\$352
(No class 9/24, 10/1, 10/8, 10/15, 11/26, 12/24, 12/31)			

SWIM LESSONS: RED CROSS LEVEL 4

Ages 6-12

16 Sun	9/14-1/11	10:30-11 AM	\$512
(No class 11/30, 12/28)			
16 Sun	9/14-1/11	11-11:30 AM	\$512
(No class 11/30, 12/28)			
14 Mon	9/15-1/12	4-4:30 PM	\$448
(No class 9/22, 10/6, 10/13, 12/29)			
14 Mon	9/15-1/12	4:30-5 PM	\$448
(No class 9/22, 10/6, 10/13, 12/29)			
11 Wed	9/17-1/14	4-4:30 PM	\$352
(No class 9/24, 10/1, 10/8, 10/15, 11/26, 12/24, 12/31)			
11 Wed	9/17-1/14	4:30-5 PM	\$352
(No class 9/24, 10/1, 10/8, 10/15, 11/26, 12/24, 12/31)			

SWIM LESSONS: RED CROSS LEVEL 5

Ages 6-12

16 Sun	9/14-1/11	10-10:30 AM	\$512
(No class 11/30, 12/28)			
14 Mon	9/15-1/12	4:30-5 PM	\$448
(No class 9/22, 10/6, 10/13, 12/29)			
11 Wed	9/17-1/14	4-4:30 PM	\$352
(No class 9/24, 10/1, 10/8, 10/15, 11/26, 12/24, 12/31)			

SWIM LESSONS: SWIM CLUB (FOR LEVELS 5 & 6)

Ages 7-12

16 Sun	9/14-1/11	10:30-11:15 AM	\$624
(No class 11/30, 12/28)			

PRIVATE AND SEMI-PRIVATE SWIM LESSONS

Lessons must be paid for in advance (no refunds). Packages are valid for 180 days.

PRIVATE LESSONS

One 30-minute lesson	\$60
Five 30-minute lessons	\$280
One 45-minute lesson	\$90
Five 45-minute lessons	\$420

PRIVATE LESSONS WITH MASTER INSTRUCTOR

One 30-minute lesson	\$68
Five 30-minute lessons	\$320
One 45-minute lesson	\$102
Five 45-minute lessons	\$480

SEMI-PRIVATE LESSONS (FOR 2 PEOPLE)

One 30-minute lesson	\$86	(\$43/participant)
Five 30-minute lessons	\$390	(\$195/participant)
One 45-minute lesson	\$129	(\$64.50/participant)
Five 45-minute lessons	\$585	(\$292.50/participant)

SEMI-PRIVATE LESSONS (FOR 3 PEOPLE)

One 30-minute lesson	\$111	(\$37/participant)
Five 30-minute lessons	\$495	(\$165/participant)
One 45-minute lesson	\$166.50	(\$55.50/participant)
Five 45-minute lessons	\$742.50	(\$247.50/participants)

ADAPTIVE SWIM LESSONS

One 30-minute lesson	\$68/\$75	member/public
Five 30-minute lessons	\$320	members only

