



FRIDAY, JULY 4

BUILDING HOURS: 8 AM - 6 PM

INDOOR POOLS: 8 AM - 3 PM

OUTDOOR POOLS: MAIN, BABY, DUCK & FROG:
10 AM - 5:45 PM

SPLASHPAD: 10 AM- 5:45 PM

TUMBLE ROOM: 9 AM - 6 PM

BABYSITTING: 8:30 AM - 12:30 PM

GROUP EXERCISE SCHEDULE:

8:00 AM	YOGA	ALISON
8:30 AM	FULL BODY BLAST	TIFFANY
9:30 AM	POWER ZONE	TAMAR
9:30 AM	BARRE	MICHAL
10:00 AM	CYCLING	JILL
10:30 AM	STRETCH AND RECOVERY	TIFFANY
10:30 AM	ZUMBA	MORIA
11:30 AM	BALANCE YOUR BODY	OFIRA



QUESTIONS? MEMBERSHIP OFFICE
MEMBERSHIP@JCCOTP.ORG | 201.408.1445

