

JUNE
JULY
2021

LUNCH MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

week 1

JUNE 29 -
JULY 2



²⁹
MAC &
CHEESE
roasted broccoli
fresh fruit

³⁰
FRENCH TOAST
SCRAMBLED
EGGS
fresh fruit

¹
HAMBURGER
potato salad
fresh fruit

²
PIZZA
caesar salad
fresh fruit

week 2

JULY 6 -
JULY 9



⁵
CAMP CLOSED

⁶
BBQ CHICKEN
roasted
sweet potatoes
fresh fruit

⁷
MAC &
CHEESE
roasted broccoli
fresh fruit

⁸
CHICKEN
NUGGETS
mashed potatoes
fresh fruit

⁹
PIZZA
caesar salad
fresh fruit

week 3

JULY 12 -
JULY 16

¹²
FALAFEL &
PITA
Israeli salad
fresh fruit

¹³
FRENCH
TOAST
hash browns
fresh fruit

¹⁴
LASAGNA
mixed vegetables
fresh fruit

¹⁵
CHEESE
QUESADILLAS
rice
fresh fruit

¹⁶
PIZZA
caesar salad
fresh fruit

week 4

JULY 19 -
JULY 23

¹⁹
BAKED ZITI
steamed broccoli
fresh fruit

²⁰
HUSH PUPPY
mixed vegetables
fresh fruit

²¹
PANCAKES
yogurt
fresh fruit

²²
BEEF TACOS
spanish rice
green beans
fresh fruit

²³
PIZZA
caesar salad
fresh fruit

week 5

JULY 26 -
JULY 30

²⁶
MAC &
CHEESE
mixed vegetables
fresh fruit

²⁷
MEATBALLS &
SPAGHETTI
roasted squash
fresh fruit

²⁸
CHEESE
QUESADILLAS
rice
fresh fruit

²⁹
BBQ CHICKEN
KNISH
mixed vegetables
fresh fruit

³⁰
PIZZA
caesar salad
fresh fruit

AUGUST
2021

LUNCH MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

week 6

AUGUST 2 -
AUGUST 6

²
BAKED ZITI
green beans
fresh fruit

³
BEEF TACOS
spanish rice
green beans
fresh fruit

⁴
GRILLED
CHEESE
mixed vegetables
fresh fruit

⁵
HOT DOGS
cole slaw
fresh fruit

⁶
PIZZA
caesar salad
fresh fruit

week 7

AUGUST 9 -
AUGUST 13

⁹
PANCAKES
yogurt
fresh fruit

¹⁰
BBQ CHICKEN
roasted sweet
potatoes
fresh fruit

¹¹
MAC &
CHEESE
peas & carrots
fresh fruit

¹²
DELI
HEROES
corn on the cob
fresh fruit

¹³
PIZZA
caesar salad
fresh fruit

week 8

AUGUST 16 -
AUGUST 20

¹⁶
LASAGNA
roasted potato
fresh fruit

¹⁷
CHICKEN
NUGGETS
roasted squash
fresh fruit

¹⁸
CHEESE
QUESADILLAS
rice
fresh fruit

¹⁹
HAMBURGERS
corn on the cob
fresh fruit

²⁰
PIZZA
caesar salad
fresh fruit

week 9

AUGUST 23 -
AUGUST 27

²³
MAC &
CHEESE
roasted broccoli
fresh fruit

²⁴
HOT DOGS
cole slaw
fresh fruit

²⁵
GRILLED
CHEESE
mixed vegetables
fresh fruit

²⁶
BEEF TACOS
spanish rice
tomato & onion
fresh fruit

²⁷
PIZZA
caesar salad
fresh fruit

everyday options: Bagels
noodles,
yogurt &
hard boiled eggs

SEE YOU NEXT SUMMER!

