EOE Statement:

We are an equal employment opportunity employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, gender, national origin, disability status, protected veteran status or any other characteristic protected by law.

About the organization:

The Kaplen JCC on the Palisades is a 501c3 not for profit social service agency serving Tenafly, NJ and surrounding areas. Among the largest JCCs in North America with an operating budget of $20 million, 150 full time and 300+ part time staff, the Kaplen JCC operates 22 business units and offers over 350 activities weekly serving more than 5,000 people per day. Deeply rooted in Jewish values and tradition, the Kaplen JCC on the Palisades is a vibrant home for the Jewish People that welcomes all and cultivates the social, intellectual, physical and spiritual well-being of the entire community. Our 185,000 square foot building plus acres of outside grounds feature two fitness centers, an indoor and outdoor aquatics center, group exercise, spin and Pilates studios, two gymnasiums, tennis and racquet courts, indoor track, a luxurious spa, multiple playgrounds and fields and so much more. The JCC is proud to offer extensive, high quality programs and services to youth and adults of all ages and of all needs.

Our team

Our team is energetic, active and fun. We listen to our team, doing what is best for our people while focusing on delivering the best programming. Our employees have support, training and resources to deliver results to our members, and clients.

We are looking for highly qualified personal trainers to add to our dynamic personal training team. If you love making a difference in people’s lives, we’d love to connect.

Essential functions: The responsibilities of a personal trainer include, but are not limited to:

**The Kaplen JCC Personal Trainer** is responsible for managing the fitness floor, being responsive to member and guest by offering assistance and educating members on the safe and correct use of cardio and weight training equipment. This person also performs assessments, provides package prescriptions, answers fitness, and wellness related questions, and sells personal training packages.

Responsibilities include:
• Sell and deliver personal training sessions to clients
• Schedule and conduct new member onboarding sessions
• Assist members in using sage and effective exercise form during their workouts
• Maintain a clean, safe and orderly fitness floor, racking weights. Includes picking up loose towels, water bottles, magazine, cleaning equipment, etc. perform fitness assessments (movement and posture assessments, body composition test) as requested by member
• Support, teach and encourage members to meet his/her fitness goals
• Work together as a team with all departments
• Assist in the development and implantation of new fitness programs/classes

Other Functions:
• BE the facility goodwill ambassador and greet and assist member
• Develop relationships and encourage member referrals
• Enforce Kaplen JCC policies, such as cell phone use, etc.
• Attend fitness department and fitness training meetings and continuing education classes to keep certifications current
• Complete administrative duties related to planning workouts, reporting hours and scheduling training sessions with clients
• Other duties as assigned

Please email your resume to:  kpayne@jccotp.org
Skills & Qualifications

- Communication skills, customer service oriented
- Operational knowledge of resistance training equipment and proper form.
- Knowledge of anatomy, biometrics.
- Knowledge of injury prevention and basic rehabilitation.
- Knowledge of basic movement and posture assessments and body composition assessments.
- Ability to calculate target heart rate.
- Basic knowledge of nutrition.
- Currently certified through one of the nationally accredited industry associations (NASM, ACSM, NSCA, ACE, etc.).
- Degree in Exercise Science related field a bonus!

Certification/Education Level

- Must have a current personal trainer certification
- Must have current CPR/AED certification
- Four (4) years college degree in fitness related field or certificate from accredited 2-year program at a university preferred.
- Proof of citizenship or legal status.

Experience

- Personal trainer experience preferred, but not required.
- Previous health club personal training experience is a plus.

Physical and working conditions

- Physical requirements: Ability to lift a minimum of 45 lbs, ability to spot a client lifting weights.
- Fitness club environment in a community atmosphere.
- Must follow OSHA and safety standards as directed.