

JUNE
JULY
2021

LUNCH MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

week 1

JUNE 29 -
JULY 2



MAC & CHEESE²⁹
roasted broccoli
fresh fruit

FRENCH TOAST³⁰
SCRAMBLED
EGGS
fresh fruit

HAMBURGER¹
potato salad
fresh fruit

PIZZA²
caesar salad
fresh fruit

week 2

JULY 6 -
JULY 9



CAMP CLOSED⁵

BBQ CHICKEN⁶
roasted
sweet potatoes
fresh fruit

MAC & CHEESE⁷
roasted broccoli
fresh fruit

CHICKEN⁸
NUGGETS
mashed potatoes
fresh fruit

PIZZA⁹
caesar salad
fresh fruit

week 3

JULY 12 -
JULY 16

FALAFEL & PITA¹²
Israeli salad
fresh fruit

FRENCH TOAST¹³
hash browns
fresh fruit

LASAGNA¹⁴
mixed vegetables
fresh fruit

CHEESE¹⁵
QUESADILLAS
rice
fresh fruit

PIZZA¹⁶
caesar salad
fresh fruit

week 4

JULY 19 -
JULY 23

BAKED ZITI¹⁹
steamed broccoli
fresh fruit

HUSH PUPPY²⁰
mixed vegetables
fresh fruit

PANCAKES²¹
yogurt
fresh fruit

BEEF TACOS²²
spanish rice
green beans
fresh fruit

PIZZA²³
caesar salad
fresh fruit

week 5

JULY 26 -
JULY 30

MAC & CHEESE²⁶
mixed vegetables
fresh fruit

MEATBALLS & SPAGHETTI²⁷
roasted squash
fresh fruit

CHEESE²⁸
QUESADILLAS
rice
fresh fruit

BBQ CHICKEN²⁹
KNISH
mixed vegetables
fresh fruit

PIZZA³⁰
caesar salad
fresh fruit

**AUGUST
2021**

LUNCH MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

week 6
AUGUST 2 -
AUGUST 6

²
BAKED ZITI
green beans
fresh fruit

³
BEEF TACOS
spanish rice
green beans
fresh fruit

⁴
GRILLED
CHEESE
mixed vegetables
fresh fruit

⁵
HOT DOGS
cole slaw
fresh fruit

⁶
PIZZA
caesar salad
fresh fruit

week 7
AUGUST 9 -
AUGUST 13

⁹
PANCAKES
yogurt
fresh fruit

¹⁰
BBQ CHICKEN
roasted sweet
potatoes
fresh fruit

¹¹
MAC &
CHEESE
peas & carrots
fresh fruit

¹²
DELI
HEROES
corn on the cob
fresh fruit

¹³
PIZZA
caesar salad
fresh fruit

week 8
AUGUST 16 -
AUGUST 20

¹⁶
LASAGNA
roasted potato
fresh fruit

¹⁷
CHICKEN
NUGGETS
roasted squash
fresh fruit

¹⁸
CHEESE
QUESADILLAS
rice
fresh fruit

¹⁹
HAMBURGERS
corn on the cob
fresh fruit

²⁰
PIZZA
caesar salad
fresh fruit

week 9
AUGUST 23 -
AUGUST 27

²³
MAC &
CHEESE
roasted broccoli
fresh fruit

²⁴
HOT DOGS
cole slaw
fresh fruit

²⁵
GRILLED
CHEESE
mixed vegetables
fresh fruit

²⁶
BEEF TACOS
spanish rice
tomato & onion
fresh fruit

²⁷
PIZZA
caesar salad
fresh fruit

*everyday
options:* Bagels
noodles,
yogurt &
hard boiled eggs

SEE YOU NEXT SUMMER!

