

SUMMER INDOOR & OUTDOOR POOL SCHEDULE

JUNE 23-AUGUST 23

Epstein Family Indoor Pool Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
7-9am Lap swim 5 lanes Lessons 1 lane	5:30am-3pm Lap, Family Swim, and Lessons	5:30am-3pm Lap, Family Swim, and Lessons	5:30am-3pm Lap, Family Swim, and Lessons	5:30am-3pm Lap, Family Swim, and Lessons	5:30am-5pm Lap, Family Swim, and Lessons
9am-12pm Lap Swim 3 Lanes Classes 3 Lanes	12-12:45pm Adult Aquacise 2 lanes	3-4:30pm Lap Swim 4 Lanes Lessons 2 Lanes	11:45am-12:30pm Adult Aquacise 2 lanes	11:30am-12:15pm Adult Aquacise 2 lanes	
12pm-3pm Lap Swim 3 Lanes Family Swim 1 Lane Lessons 2 lanes	3-4:30pm Lap Swim 4 Lanes Lessons 2 Lanes	4:30-6:30pm Lap Swim 2 Lanes Classes 4 Lanes	3-4:30pm Lap Swim 4 Lanes Lessons 2 Lanes	3-4:30pm Lap Swim 4 Lanes Lessons 2 Lanes	
3pm Indoor Pool Closed Outdoor Pool Open	4:30-6:30pm Lap Swim 2 Lanes Classes 4 Lanes	6:30-8:45pm Lap, Family Swim, and Lessons	4:30-6:30pm Lap Swim 2 Lanes Classes 4 Lanes	4:30-6:30pm Lap Swim 2 Lanes Classes 4 Lanes	
	6:30-8:45pm Lap, Family Swim, and Lessons		6:30-8:45pm Lap, Family Swim, and Lessons	6:30-8:45pm Lap, Family Swim, and Lessons	

Training Pool Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
8-9:30am Open	5:30am-12pm Open	5:30am-4pm Open	5:30am-12:30pm Open	5:30-11:30am Open	5:30am-5pm Open
9:30am-12:30pm Closed For Classes	12-12:45pm Adult Aquacise	4-5:30pm Shallow Side Only	11:45-12:30pm Adult Aquacise	11:30am-12:15pm Adult Aquacise	
12:30-3pm Open	12:45-3:30pm Open	5:30-8:45pm Open	12:30-3:30pm Open	12:15-3:30pm Open	
3pm Indoor Pool Closed Outdoor Pool Open	3:30-5:30pm Shallow Side Only		3:30-5:30pm Shallow Side Only	3:30-5:30pm Shallow Side Only	
	5:30-8:45pm Open		5:30-8:45pm Open	5:30-8:45pm Open	

Drapkin Family Outdoor Pool Schedule (WEATHER PERMITTING)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
10am-6:45pm Main Pool, Duck, Frog & Splashpad	5:30-9:15am Adult lap Swim Only	5:30-9:15am Adult lap Swim Only	5:30-9:15am Adult lap Swim Only	5:30-9:15am Adult lap Swim Only	5:30-9:15am Adult lap Swim Only
	9:15am-2:15pm Closed for Camp	9:15am-2:15pm Closed for Camp	9:15am-2:15pm Closed for Camp	9:15am-2:15pm Closed for Camp	9:15am-2:15pm Closed for Camp
10am-12pm Adult Lap Swim	2:15-8pm Main Pool, Duck Pool, & Splashpad	2:15-8pm Main Pool, Duck Pool, & Splashpad	2:15-8pm Main Pool, Duck Pool, & Splashpad	2:15-8pm Main Pool, Duck Pool, & Splashpad	2:15-6:45pm Main Pool, Duck Pool, & Splashpad
12-6:30pm Diving Board Open	2:15-7pm Baby Pool	2:15-7pm Baby Pool	2:15-7pm Baby Pool	2:15-7pm Baby Pool	2:15-6pm Baby Pool
12pm-6pm Baby Pool	2:15-6:30pm Diving Board Open	2:15-6:30pm Diving Board Open	2:15-6:30pm Diving Board Open	2:15-6:30pm Diving Board Open	2:15-6:30pm Diving Board Open
	6:45-8pm Evening Lap Swim	6:45-8pm Evening Lap Swim	6:45-8pm Evening Lap Swim	6:45-8pm Evening Lap Swim	

SCHEDULES REFLECT OPEN POOL TIMES. ALL OTHER TIME SLOTS ARE FOR SCHEDULED PROGRAMS. CHILDREN 3-YEARS OLD AND YOUNGER ARE NOT ALLOWED IN THE MAIN POOL WHEN BABY AND INTERMEDIATE POOLS ARE OPEN. NO CHILDREN ALLOWED IN THE WATERPARK WITHOUT PARENTAL SUPERVISION. SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE. OUTDOOR POOL SUBJECT TO CLOSURE DUE TO WEATHER CONDITIONS. BATHING CAPS MUST BE WORN IN THE INDOOR POOL. THE INDOOR POOLS WILL BE CLOSED FOR ANNUAL MAINTENANCE BEGINNING AUGUST 25-SEPTEMBER 6 THEY WILL REOPEN ON OR BEFORE SUNDAY, SEPTEMBER 8



POOL & WATER SAFETY RULES

- Obey the instructions of aquatic staff at all times.
- Adult supervision is required in the water for all non-swimmers.
- Children six (6) & under must be accompanied by an adult & within arm's reach at all times. The only exception are children participating in aquatics programs.
- Children who are not toilet trained must wear special swim diapers under their bathing suits. Disposable diapers are not permitted.
- Only Coast Guard approved flotation devices, such as life vests, are permitted. Toys permitted at the discretion of the aquatics staff to ensure a safe environment.
- Only proper swim attire allowed. No street clothes allowed.
- Swimmers are required to wear swim caps regardless of hair length; except for individuals with special needs, who are bald, or are under 2 years of age.
- Children ten (10) & under must be supervised by an adult at all times.
- Shower & remove band-aids before entering water.

POOL DECK RULES

- No street shoes permitted on the deck.
- No food or eating is permitted anywhere on the deck.
- Only water in plastic containers is permitted on the deck.
- No bags, street clothes or strollers allowed on deck (please use day lockers).
- Only aquatics staff & JCC program staff are allowed on main deck. All others must use observation deck upstairs or benches next to training pool.
- Only authorized JCC aquatics instructors & coaches may provide swim instruction.

LAP LANE ETIQUETTE

- Be courteous to and considerate of fellow swimmers.
- Try to swim in the same lane as someone of comparable speed.
- Do not swim on your back with two or more people in the lane.
- Adult lap swim is open to members ages fourteen (14) & up.
- When entering an active lane, inform fellow swimmers.
- Circular swim pathway required for three or more people in a lane.
- Do not dive into lap lanes.

THANK YOU FOR YOUR COOPERATION.

