

Have Questions?

Contact the Programming Staff:

William: wroberts@jccotp.org

or

Sal: spintavalle@jccotp.org







To Access our Daily Virtual Exercise Program
with Maurice at 10:30AM:

Click Join Meeting in the Zoom App

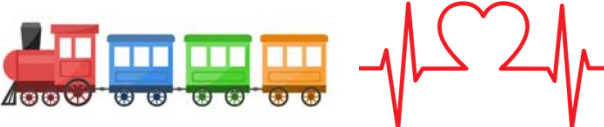

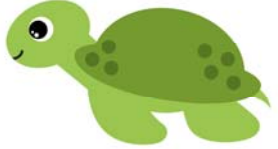

Meeting ID: 830 1098 4164



2
0
2
4

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Thank You to Our Sponsors</p> 	 <p>BIRTHDAYS THIS MONTH</p> <p>Bob R. 5/2 Helene 5/11 Frances 5/14 Freida 5/20 Jessie 5/23 Asaf 5/24 Vicki 5/25</p>	<p>1 National Mother Goose Day 10:00 Light Breakfast and Chat 10:30 Gardening Club 11:00 Mother Goose Storytime 11:15 Concert by Richard* 12:15 Shepherd's Pie 1:00 Nature Club or Peaceful Painting 1:30 Fun Fitness with Tamar 2:00 Virtual Travel Club</p> 	<p>2 10:00 Light Breakfast and Chat 10:30 Stretch and Kvetch with Linda 11:15 Linda's Letter Game 12:15 Meatloaf 1:00 Concert by John M. 2:15 Dance Class with Debbie</p>	<p>3 Kentucky Derby Day 10:00 Light Breakfast and Chat 10:30 Morning Art or Baking Club 11:15 Concert by Jay Daniels 12:15 Sesame Chicken 1:00 Horse History 1:30 Balance and Agility with Tamar 2:00 Kentucky Derby Games</p> 
<p>6 Wildflower Week 10:00 Light Breakfast and Chat 10:30 Puzzles and Tabletop Games 11:15 Concert by Aaron Miller 12:15 Black Bean Stew 1:00 Word Games 1:30 Sit and Be Fit - Group Exercise 2:00 Afternoon Crafts or Sports</p> 	<p>7 9:00-12:00 Morning Manicures 10:00 Light Breakfast and Chat 10:30 Memory Games 11:15 Concert by Peter 12:15 Chicken Marsala 1:00 Photography Club or Qigong - Group Exercise 2:00 Easy Art or Sports</p>	<p>8 National Iris Day 10:00 Light Breakfast and Chat 10:30 Gardening Club 11:15 Concert by Reggie* 12:15 Sweet & Sour Meatballs 1:00 Nature Club or Peaceful Painting 1:30 Fun Fitness with Tamar 2:00 Virtual Travel Club</p> 	<p>9 10:00 Light Breakfast and Chat 10:30 Stretch and Kvetch with Linda 11:15 Linda's Letter Game 12:15 Fish Finance 1:00 Concert by Flip Peter 2:00 Pokeno and Matching Games</p>	<p>10 10:00 Light Breakfast and Chat 10:30 Morning Art or Baking Club 11:15 Concert by Joe Allegro 12:15 Hawaiian Chicken 1:00 Reminiscence and Memory Sharing Games 1:30 Balance and Agility with Tamar 2:00 Bingo!</p>

* Designates concerts located in the auditorium

Monday	Tuesday	Wednesday	Thursday	Friday
<p>13</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Puzzles and Tabletop Games</p> <p>11:15 Concert by Frankie</p> <p>12:15 Turkey Burger</p> <p>1:00 Word Games</p> <p>1:30 Sit and Be Fit - Group Exercise</p> <p>2:00 Afternoon Crafts or Sports</p>	<p>14</p> <p>9:00-12:00 Morning Manicures</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Memory Games</p> <p>11:15 Concert by John Lepre</p> <p>12:15 Breaded Fish</p> <p>1:00 Photography Club or Qigong - Group Exercise</p> <p>2:00 Easy Art or Sports</p>	<p>15</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Gardening Club</p> <p>11:15 Concert by David Scance*</p> <p>12:15 Stuffed Cabbage</p> <p>1:00 Nature Club or Peaceful Painting</p> <p>1:30 Fun Fitness with Tamar</p> <p>2:00 Virtual Train Trip</p> 	<p>16</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Stretch and Kvetch with Linda</p> <p>11:15 Linda's Letter Game</p> <p>12:15 Eggplant Parmesan</p> <p>1:00 Concert by Paul Simone</p> <p>2:15 Dance Class with Debbie</p>	<p>17</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Morning Art or Baking Club</p> <p>11:15 Concert by Lou Sabini</p> <p>12:15 Cranberry Chicken</p> <p>1:00 Reminiscence and Memory</p> <p>Sharing Games</p> <p>1:30 Balance and Agility with Tamar</p> <p>2:00 Bingo!</p>
<p>20</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Puzzles and Tabletop Games</p> <p>11:15 Concert by Neil Dankman</p> <p>12:15 Cheese Blintzes</p> <p>1:00 Word Games</p> <p>1:30 Sit and Be Fit - Group Exercise</p> <p>2:00 Afternoon Crafts or Sports</p>	<p>21</p> <p>9:00-12:00 Morning Manicures</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Memory Games</p> <p>11:15 Concert by Cecilia</p> <p>12:15 Chicken Pargiot</p> <p>1:00 Photography Club or Qigong - Group Exercise</p> <p>2:00 Easy Art or Sports</p>	<p>22</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Gardening Club</p> <p>11:00 Yiddish Concert</p> <p>12:15 Pepper Steak</p> <p>1:00 Nature Club or Peaceful Painting</p> <p>1:30 Fun Fitness with Tamar</p> <p>2:00 Virtual Travel Club</p> 	<p>23</p> <p>World Turtle Day</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Stretch and Kvetch with Linda</p> <p>11:15 Linda's Letter Game</p> <p>12:15 Lemon Salmon</p> <p>1:00 Concert by Efrante</p> <p>1:30 Turtle Art</p> <p>2:00 Pokeno and Matching Games</p> 	<p>24</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Morning Art or Baking Club</p> <p>11:15 Concert by Janice</p> <p>12:15 Chicken Marsala</p> <p>1:00 Reminiscence and Memory</p> <p>Sharing Games</p> <p>1:30 Balance and Agility with Tamar</p> <p>2:00 Bingo!</p>
<p>27</p> <p>Program Closed</p>  <p>Memorial DAY</p>	<p>28</p> <p>9:00-12:00 Morning Manicures</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Memory Games</p> <p>11:15 Concert by George Tuzzeo</p> <p>12:15 Breaded Fish Filet</p> <p>1:00 Photography Club or Qigong - Group Exercise</p> <p>2:00 Easy Art or Sports</p>	<p>29</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Gardening Club</p> <p>11:15 Concert by Michael Andrew*</p> <p>12:15 Meatloaf with Mushrooms</p> <p>1:00 Nature Club or Peaceful Painting</p> <p>1:30 Fun Fitness with Tamar</p> <p>2:00 Virtual Travel Club</p>	<p>30</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Stretch and Kvetch with Linda</p> <p>11:15 Linda's Letter Game</p> <p>12:15 Baked Salmon</p> <p>1:00 Concert by Selah</p> <p>2:15 Dance Class with Debbie</p>	<p>31</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Morning Art or Baking Club</p> <p>11:15 Concert by George Romano</p> <p>12:15 Sesame Chicken</p> <p>1:00 Reminiscence and Memory</p> <p>Sharing Games</p> <p>1:30 Balance and Agility with Tamar</p> <p>2:00 Bingo!</p>

* Designates concerts located in the auditorium