

Have Questions?

Contact the Programming Staff:

William: wroberts@jccotp.org









or

Sal: spintavalle@jccotp.org

**To Access our Daily Virtual Exercise Program
with Maurice at 10:30AM:**

**Click Join Meeting in the Zoom App
Meeting ID: 830 1098 4164**



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Thank you to Our Sponsors</p> <p> </p> <p> </p>	<p></p> <p>Sidney 2/2 Lindsey 2/6 Mridula 2/17 Marty 2/22 Peg 2/28</p>	<p></p>	<p>1</p> <p>10:00 Light Breakfast and Chat 10:30 Stretch and Kvetch with Linda 11:15 Concert by Michael A 12:15 Baked Fish 1:00 Letter Games 1:30 Art and Social Games 2:00 Pokeno and Matching Games</p>	<p>2</p> <p>10:00 Light Breakfast and Chat 10:30 Baking Club 11:15 Concert by Jay Daniels 12:15 Chicken Cacciatore 1:00 Reminiscence and Memory Sharing Games 1:30 Balance and Agility with Tamar 2:00 Bingo!</p> <p></p>
<p>5</p> <p>10:00 Light Breakfast and Chat 10:30 Puzzles and Tabletop Games 11:15 Concert by Frankie M 12:15 Pizza 1:00 Word Games 1:30 Fun Fitness 2:00 Afternoon Crafts or Sports</p>	<p>6</p> <p>9:00-12:00 Morning Manicures 10:00 Light Breakfast and Chat 10:30 Memory Games 11:15 Concert by Flip Peters 12:15 Turkey Meatloaf 1:00 Photography Club or Qigong - Group Exercise 2:00 Easy Art or Sports</p>	<p>7</p> <p>10:00 Light Breakfast and Chat 10:30 Musical Memories 11:15 Concert by Reggie * 12:15 Chicken Francese 1:00 Nature Club or Peaceful Painting 1:30 Fun Fitness with Tamar 2:00 Virtual Travel Club</p>	<p>8</p> <p>10:00 Light Breakfast and Chat 10:30 Stretch and Kvetch with Linda 11:15 Concert by Paul Simeone 12:15 Lemon Garlic Salmon 1:00 Letter Games 1:30 Art and Social Games 2:00 Pokeno and Matching Games</p>	<p>9</p> <p>10:00 Light Breakfast and Chat 10:30 Baking Club 11:15 Concert by Johnny M 12:15 Honey Chicken 1:00 Reminiscence and Memory Sharing Games 1:30 Balance and Agility with Tamar 2:00 Bingo!</p> <p></p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>12</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Puzzles and Tabletop Games</p> <p>11:15 Concert by Lou Sabini</p> <p>12:15 Baked Ziti</p> <p>1:00 Word Games</p> <p>1:30 Fun Fitness</p> <p>2:00 Afternoon Crafts or Sports</p> 	<p>13</p> <p>9:00-12:00 Morning Manicures</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Memory Games</p> <p>11:15 Concert by Cecilia</p> <p>12:15 Sesame Chicken</p> <p>1:00 Photography Club or Qigong - Group Exercise</p> <p>2:00 Easy Art or Sports</p>	<p>14</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Musical Memories</p> <p>11:15 Concert by John Lepre *</p> <p>12:15 Swedish Meatballs</p> <p>1:00 Nature Club or Peaceful Painting</p> <p>1:30 Fun Fitness with Tamar</p> <p>2:00 Virtual Travel Club</p> 	<p>15</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Stretch and Kvetch with Linda</p> <p>11:15 Concert by Janice</p> <p>12:15 Eggplant Parmigiana</p> <p>1:00 Letter Games</p> <p>1:30 Art and Social Games</p> <p>2:00 Pokeno and Matching Games</p>	<p>16</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Baking Club</p> <p>11:15 Concert by Aaron</p> <p>12:15 Chicken with Mushroom Sauce</p> <p>1:00 Reminiscence and Memory</p> <p>Sharing Games</p> <p>1:30 Balance and Agility with Tamar</p> <p>2:00 Bingo!</p>
<p>19</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Puzzles and Tabletop Games</p> <p>11:15 Concert by Joe Conti</p> <p>12:15 Blintzes with Sour Cream</p> <p>1:00 Word Games</p> <p>1:30 Fun Fitness</p> <p>2:00 Afternoon Crafts</p> 	<p>20</p> <p>9:00-12:00 Morning Manicures</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Memory Games</p> <p>11:15 Concert by Joe Allegro</p> <p>12:15 Pepper Steak</p> <p>1:00 Photography Club or Qigong - Group Exercise</p> <p>2:00 Easy Art or Sports</p>	<p>21</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Musical Memories</p> <p>11:15 Concert by David Scance *</p> <p>12:15 Sloppy Joes</p> <p>1:00 Nature Club or Peaceful Painting</p> <p>1:30 Fun Fitness with Tamar</p> <p>2:00 Virtual Travel Club</p>	<p>22</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Stretch and Kvetch with Linda</p> <p>11:15 Concert by Selah</p> <p>12:15 Poached Salmon</p> <p>1:00 Letter Games</p> <p>1:30 Art and Social Games</p> <p>2:00 Pokeno and Matching Games</p>	<p>23</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Baking Club</p> <p>11:15 Concert by Tommy Spin</p> <p>12:15 Hawaiian Chicken</p> <p>1:00 Reminiscence and Memory</p> <p>Sharing Games</p> <p>1:30 Balance and Agility with Tamar</p> <p>2:00 Bingo!</p>
<p>26</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Puzzles and Tabletop Games</p> <p>11:15 Concert by Neil Dankman</p> <p>12:15 Salmon Burger</p> <p>1:00 Word Games</p> <p>1:30 Fun Fitness</p> <p>2:00 Afternoon Crafts or Sports</p>	<p>27</p> <p>9:00-12:00 Morning Manicures</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Memory Games</p> <p>11:15 Concert by Peter L</p> <p>12:15 Chicken Cacciatore</p> <p>1:00 Photography Club or Qigong - Group Exercise</p> <p>2:00 Easy Art or Sports</p>	<p>28</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Musical Memories</p> <p>11:15 Concert by Richard Stillman *</p> <p>12:15 Pasta with Meatballs</p> <p>1:00 Nature Club or Peaceful Painting</p> <p>1:30 Fun Fitness with Tamar</p> <p>2:00 Virtual Travel Club</p>	<p>29</p> <p>10:00 Light Breakfast and Chat</p> <p>10:30 Stretch and Kvetch with Linda</p> <p>11:15 Concert by George R</p> <p>12:15 Breaded Flounder</p> <p>1:00 Letter Games</p> <p>1:30 Art and Social Games</p> <p>2:00 Matching Games</p> 	

* Designates concerts located in the auditorium