## **TODDLER PROGRAM**

## Flexible Daily Schedule

| 8:45-9:30   | Exploration: Art, puzzles, Books , Sensory Play                                |
|-------------|--|
| 9:30-10:00  | Clean up, Wash hands, Snack time   |
| 10:00-10:20 | Morning Circle Time  |
| 10:20-10:30 | Explore JCC, Walking Tours, Library, Visit Seniors, Art Gallery                |
| 10:30-10:50 | Outdoor Playtime   |
| 10:50-11:20 | Diaper Changes, Wash up  |
| 11:20-12:00 | Lunch  |
| 12:00-2:00  | Nap Time   |
| 2:00-2:20   | Wake Up, Diaper Changes, Book Time   |
| 2:20-3:00   | Wash hands, Snack time   |
| 3:00-3:20   | Carpet time, Finger Plays, Flannel Board Stories, Movement,<br>Yoga, Big Books |
| 3:20-4:00   | Free Play  |
| 4:00-4:20   | Art, Yoga, Dramatic Play, Easel Painting                                       |
| 4:20-4:45   | Outdoor Playtime   |
| 4:45-5:00   | Diaper change, Sing goodbye songs, See you tomorrow.                           |

## Times are all approximate and flexible Diapers are changed at scheduled times and as needed

Gardening - Monthly Creative Movement - Weekly Gym - Weekly

