## 2-YEAR-OLD FULL\EXTENDED DAY PROGRAM

## Flexible Daily Schedule

| 8:45-9:30   | Table toys, books , sensory play   |
|-------------|--|
| 9:30-10:00  | Clean up, wash hands, snack time   |
| 10:00-10:20 | Morning circle time  |
| 10:20-10:30 | Group art Exploration, Explore JCC, Visit Seniors                              |
| 10:30-10:50 | Outdoor Playtime   |
| 10:50-11:20 | Diaper Changes, Wash up  |
| 11:20-12:00 | Lunch  |
| 12:00-2:00  | Nap Time   |
| 2:00-2:20   | Wake Up, Diaper Changes, Book Time   |
| 2:20-3:00   | Wash hands, Snack time   |
| 3:00-3:20   | Carpet time, Finger Plays, Flannel Board Stories, Movement,<br>Yoga, Big Books |
| 3:20-4:00   | Free Play  |
| 4:00-4:20   | Outdoor Playtime   |
| 4:20-4:40   | Story and song time on carpet  |
| 4:40-5:00   | Pick up time, Sing goodbye songs, See you tomorrow                             |

## Times are all approximate and flexible Diapers are changed at scheduled times and as needed

Gardening - Monthly Creative Movement - Weekly Gym - Weekly

