

# Epstein Family Indoor Pool & Drapkin Family Outdoor Summer Pool Schedules

June 20–August 18 (Weather permitting)  
Baby pool opens week of June 25.



## SUNDAYS

Indoor Pools	Main & Training	7 am-12 pm
Indoor Pools	Main (adult lap swim & lessons only)	12-1 pm
Outdoor Pools	Main & Water Park	10 am-6:45 pm
Outdoor Pools	Intermediate & Baby	10 am-6 pm
Outdoor Pools	Camp	12-6 pm

## MONDAYS

Indoor Pools	Main & Training	5:30 am-3 pm & 5-9:45 pm
Indoor Pools	Main (adult lap swim & lessons only)	3-5 pm
Outdoor Pools	Main (adult lap swim only)	5:30-9:15 am
Outdoor Pools	Main & Water Park	1-8 pm
Outdoor Pools	Intermediate	3-7 pm
Outdoor Pools	Baby	1-7 pm

## TUESDAYS

Indoor Pools	Main & Training	5:30 am-3 pm & 5-9:45 pm
Indoor Pools	Main (adult lap swim & lessons only)	3-5 pm
Outdoor Pools	Main (adult lap swim only)	5:30-9:15 am
Outdoor Pools	Main & Water Park	1-8 pm
Outdoor Pools	Intermediate	3-7 pm
Outdoor Pools	Baby	1-7 pm

## WEDNESDAY

Indoor Pools	Main & Training	5:30 am-3 pm & 5-9:45 pm
Indoor Pools	Main (adult lap swim & lessons only)	3-5 pm
Outdoor Pools	Main (adult lap swim only)	5:30-9:15 am
Outdoor Pools	Main & Water Park	1-8 pm
Outdoor Pools	Intermediate	3-7 pm
Outdoor Pools	Baby	1-7 pm

## THURSDAYS

Indoor Pools	Main & Training	5:30 am-3 pm & 5-9:45 pm
Indoor Pools	Main (adult lap and lessons only)	3-5 pm
Outdoor Pools	Main (adult lap swim only)	5:30-9:15 am
Outdoor Pools	Main & Water Park	1-8 pm
Outdoor Pools	Intermediate	3-7 pm
Outdoor Pools	Baby	1-7 pm

## FRIDAYS

Indoor Pools	Main & Training	5:30 am-3 pm
Indoor Pools	Main (adult lap and lessons only)	3-5 pm
Outdoor Pools	Main (adult lap swim only)	5:30-9:15 am
Outdoor Pools	Main & Water Park	1-6:40 pm
Outdoor Pools	Intermediate	3-6 pm
Outdoor Pools	Baby	1-6 pm

Children 3-years-old and younger are not allowed in the main pool when baby and intermediate pools are open. Parents are responsible for their children at the water park. Schedule subject to change without notice. Outdoor pool subject to closure due to weather conditions. **Bathing caps must be worn in the indoor pool.**



## POOL & WATER SAFETY RULES

- Obey the instructions of aquatic staff at all times.
- Adult supervision is required in the water for all non-swimmers.
- Children six (6) & under must be accompanied by an adult & within arm's reach at all times. The only exception are children participating in aquatics programs.
- Children who are not toilet trained must wear special swim diapers under their bathing suits. Disposable diapers are not permitted.
- Only Coast Guard approved flotation devices, such as life vests, are permitted. Toys permitted at the discretion of the aquatics staff to ensure a safe environment.
- Only proper swim attire allowed. No street clothes allowed.
- Swimmers are required to wear swim caps regardless of hair length; except for individuals with special needs, who are bald, or are under 2 years of age.
- Children ten (10) & under must be supervised by an adult at all times.
- Shower & remove band-aids before entering water.

## POOL DECK RULES

- No street shoes permitted on the deck.
- No food or eating is permitted anywhere on the deck.
- Only water in plastic containers is permitted on the deck.
- No bags, street clothes or strollers allowed on deck (please use day lockers).
- Only aquatics staff & JCC program staff are allowed on main deck. All others must use observation deck upstairs or benches next to training pool.
- Only authorized JCC aquatics instructors & coaches may provide swim instruction.

## LAP LANE ETIQUETTE

- Be courteous to and considerate of fellow swimmers.
- Try to swim in the same lane as someone of comparable speed.
- Do not swim on your back with two or more people in the lane.
- Adult lap swim is open to members ages fourteen (14) & up.
- When entering an active lane, inform fellow swimmers.
- Circular swim pathway required for three or more people in a lane.
- Do not dive into lap lanes.

THANK YOU FOR YOUR COOPERATION.

